

MUSIC city COUNSELOR

THANK YOU FOR YOUR PURCHASE!



♥ Laura Sathout

Please contact me any time at laura@musiccitycounselor.com if you have questions, suggestions, or requests for resources! I am here for you!

LET'S CONNECT!



♥ WEBSITE: www.musiccitycounselor.com

♥ MEMBERSHIP: www.counselorcollab.com

DIRECTIONS:

Happy New Year and thank you for your purchase!

PRINTABLE NEW YEARS BOOK:

To complete this printable New Years Book, students will need approximately 30-45 minutes.

Materials Needed: pencil, scissors, glue, crayons or markers

Please note that two versions of this book are included: a full color version and a black line version. Please only print the pages that you need. This book consists of 9 pages to help students reflect on 2025 and explore their social-emotional learning goals, resolutions, hopes, and dreams for 2026. Students can write and draw pictures to answer each of the questions included in the book. On the last page, students can cut out the words that they hope 2026 will bring and glue them onto the party hat.

This resource will be updated each year so you can use it again and again!

DIRECTIONS:

PRINTABLE NEW YEARS CRAFT:

This is a fun writing craftivity to celebrate the new year! It can be used with a classroom of students, in a small group, a lunch bunch, or one on one with a student! I like to teach students that we don't need a "new year, new you," because you are already special, unique, and amazing! But, we can always grow and learn, so we can have a "new year, better you!"

Materials Needed: markers or crayons, scissors, glue stick, construction paper, 2 pages printed per student (girl or boy character and writing sheet).

Please see the sample on the next page!

Please print a girl character for all of the girls in your class and a boy character for all of the boys in your class, as well as one "New Year, Better Me!" poem per student. Students will start by writing their poem. They will finish each sentence in the poem and share about their hopes, wishes, feelings, and dreams for the new year. Then, they will color their character and cut him/her out. Next, glue the poem onto a sheet of construction paper. Finally, glue the character to the very top of the poem as seen in the sample.

S
A
M
P
L
E



Full Color Book

A 2026 Me

© Music City Counselor

Name: _____



A look back at 2025 ME

**In 2025,
I learned...**

**My favorite
moment of
2025 was...**



A look back at 2025 ME

My biggest accomplishment of 2025 was...

If I could change one thing about 2025 it would be...



Looking forward to 2026 ME

**In 2026 I will
learn...**

**In 2026 I will
be...**



Looking forward to 2026 ME

**In 2026 I will
try...**

**In 2026 I will
see...**



New Year, Better Me!



I feel _____

I hope _____

I dream _____

I wish _____

I will _____

I can _____

**My 2026
friendships will be...**

**My 2026
behavior will be...**

2026 GOALS

**My 2026
mindset will be...**

**My 2026
choices will be...**

New Year's RESOLUTION



My 2026 Hat

Cut out the words that you hope 2026 will bring and glue them onto the party hat.

JOY LOVE

GROWTH

CALM LEARNING

HEALTH LUCK

FRIENDSHIP

EFFORT

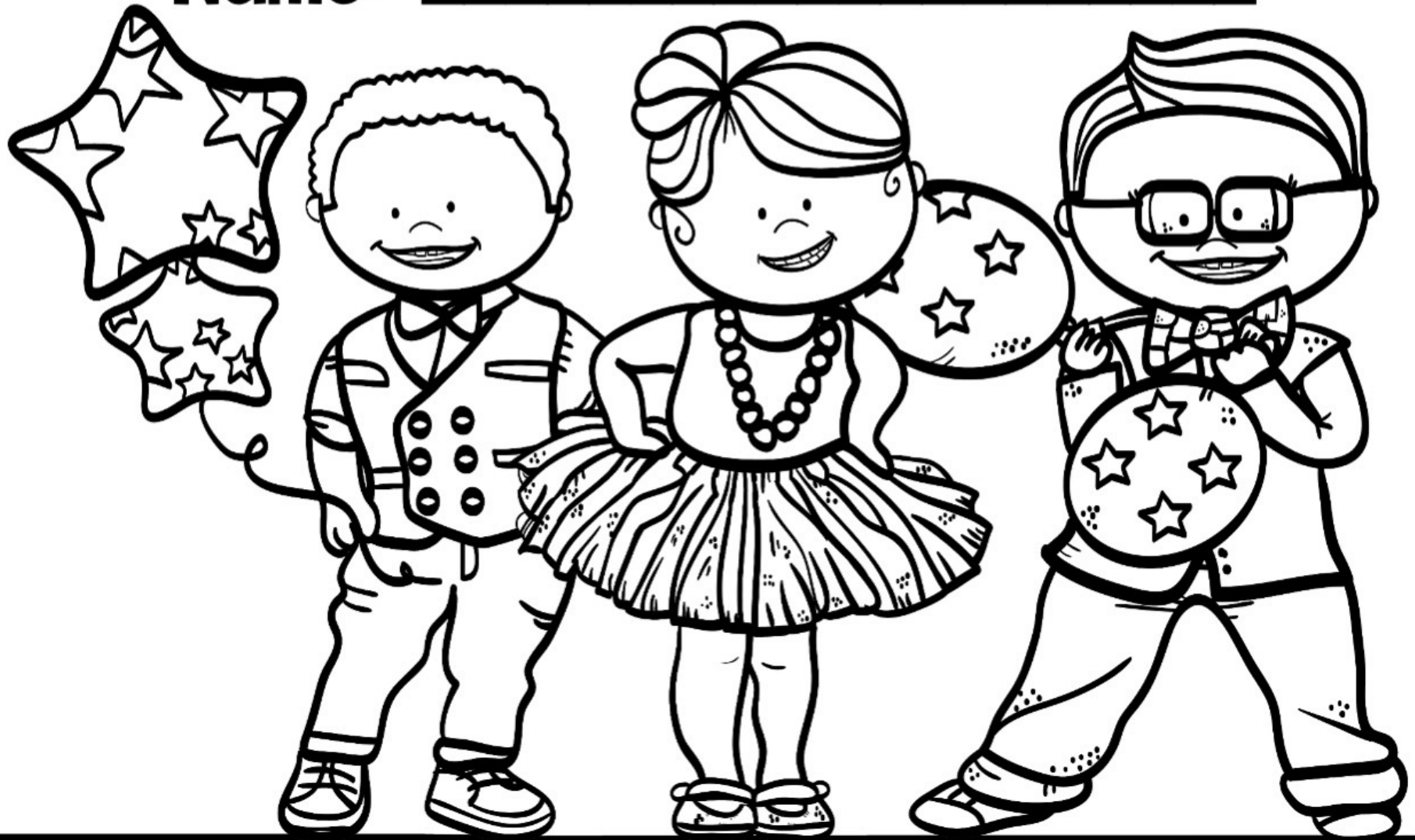
KINDNESS



Black Line Book

A 2026 Me

Name: _____



A look back at 2025 ME

**In 2025,
I learned...**

**My favorite
moment of
2025 was...**



A look back at 2025 ME

**My biggest
accomplishment of
2025 was...**

**If I could change
one thing about
2025 it would be...**



Looking forward to 2026 ME

**In 2026 I will
learn...**

**In 2026 I will
be...**



Looking forward to 2026 ME

**In 2026 I will
try...**

**In 2026 I will
see...**



New Year, Better Me!



I feel _____

I hope _____

I dream _____

I wish _____

I will _____

I can _____

**My 2026
friendships will be...**

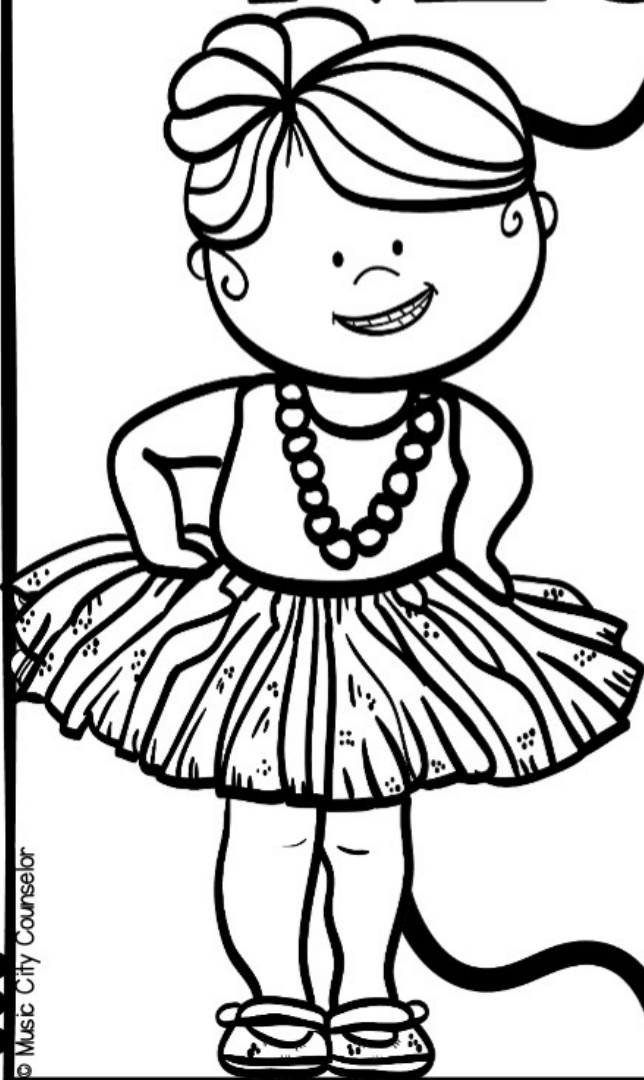
**My 2026
behavior will be...**

2026 GOALS

**My 2026
mindset will be...**

**My 2026
choices will be...**

New Year's RESOLUTION



My 2026 Hat

Cut out the words that you hope 2026 will bring and glue them onto the party hat.

JOY LOVE

GROWTH

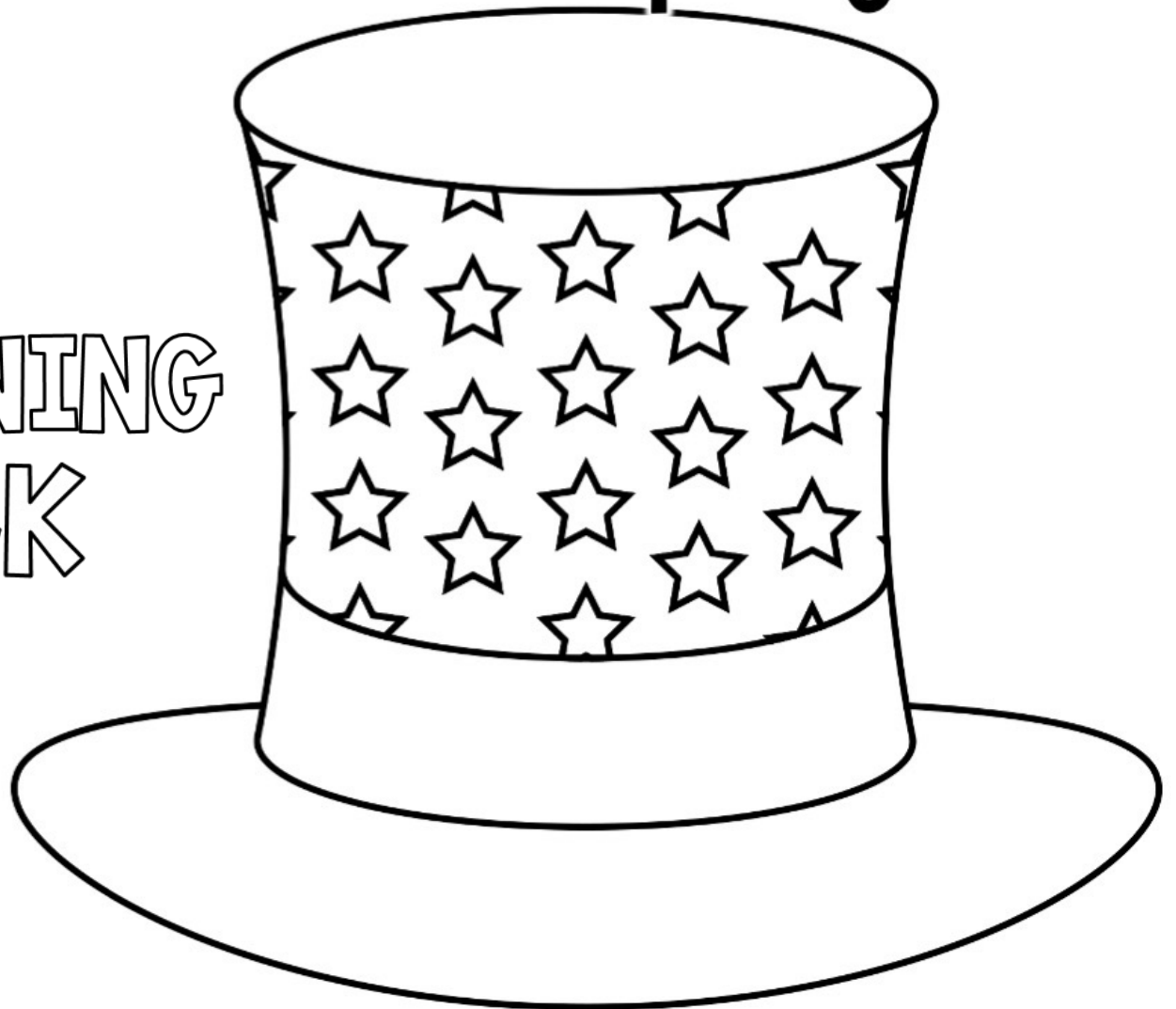
CALM LEARNING

HEALTH LUCK

FRIENDSHIP

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KINDNESS



Craftivity

Name: _____

New Year, Better ME!

I feel _____

I hope _____

I dream _____

I wish _____

I can _____

I will _____





TERMS OF USE:

- Make copies for the purchaser's classroom AND share copies with other educators within your school building
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